

Tobacco Smoke Contains Chemicals Causes Cancer: Cardiologist

HYDERABAD (News Desk): Smoking harms nearly every organ of the body and poses a serious threat to overall health, significantly increasing the risk of various life-threatening diseases. Eminent cardiologist Dr. Zaman highlighted that tobacco smoke contains over fifty cancer-causing chemicals, alongside nicotine—a highly addictive



psychoactive drug that creates both physical and psychological dependence. He revealed that one in every three Pakistanis above the age of 40 suffers from high blood pressure, but only 3% seek regular medical checkups. Dr. Zaman warned that smoking not only endangers smokers but also severely affects those exposed to secondhand smoke, potentially causing serious complications. He emphasized that smoking remains the leading entirely preventable cause of death and disability, and any support for its production or sale is indefensible on public health grounds. Smoking is also linked to a 10% increased risk of oral cancers, including tongue and mouth cancer, and up to 15% increased risk of cardiac issues, tuberculosis, asthma, and respiratory diseases. He cautioned that alternatives such as gutka, betel nut, and other smokeless tobacco forms are even more harmful than cigarettes. Noting a rise in smoking among students, Dr. Zaman called for a total ban on tobacco advertising in Pakistan, stressing that such promotion normalizes smoking and undermines health education. He recommended the use of nicotine gum and psychiatric help for those trying to quit, adding that strong willpower and support from family and friends are essential for success. He urged for community-based awareness campaigns to educate the public about the dangers of smoking and to promote healthier lifestyles.

University Of Kamalia Leads In Community-supported Scholarship Initiative

FAISALABAD (News Desk): The University of Kamalia has taken a pioneering step by launching a community-supported scholarship initiative to support underprivileged students in accessing higher education. Vice Chancellor Prof. Dr. Yasir Nawab highlighted that thousands of talented students across Pakistan’s public universities struggle to pay initial semester fees, often resorting to loans or selling family assets like jewelry. While various scholarships become available post-admission—such as the Chief Minister’s Honhar Merit Scholarship, HEC Need-Based Scholarships, and University Merit Awards—many deserving students are unable to even begin their academic journey due to financial constraints. Addressing this challenge, the University of Kamalia, in collaboration with the local community, has introduced an innovative program ensuring that no student admitted on merit is denied education due to lack of funds. Under this scheme, students unable to afford admission fees are fully sponsored from day one. Currently, nearly 200 high-achieving students—about 20% of the new intake—have been admitted under this model, with full financial support for their entire four-year degree program or until alternate scholarships are secured.

DWTC Hospitality Serves Over Half Million Guests Across 1,401 Events In H1 2025



DUBAI (News Desk): Dubai World Trade Centre (DWTC) announced strong H1 2025 results for its Hospitality division, serving over 527,000 guests across 1,401 events—an 11.8 percent year-on-year increase in guests and a 6.7 percent rise in events catered. This growth highlights DWTC Hospitality’s leadership in large-scale and bespoke catering services across the UAE, driven by operational excellence, culinary innovation, and a customer-focused approach. Mahir Abdulkarim Julfar, Executive Vice President at DWTC, emphasized the division's agility and ambition in redefining guest experiences and supporting Dubai’s expanding events economy. Exhibition catering saw a 105 percent rise, serving 132,146 guests across 50 events, while the conferences and associations segment grew by 23 percent, with 57,289 guests across 30 events. Non-exhibition DICEC events increased 38 percent to 477, and external events rose 4 percent to 687, including major events like the Dubai International Boat Show and Meydan Dubai World Cup. DWTC Hospitality also earned 51 medals at the Emirates Salon Culinaire 2025 and was awarded Best Effort by an Individual Establishment for the third consecutive year. With expanding capabilities and infrastructure, including the Dubai Exhibition Centre, DWTC Hospitality remains poised to support Dubai’s global position in hosting world-class events, offering full-service event solutions capable of catering to up to 40,000 guests daily.

Dozens Killed, Injured In Israeli Airstrikes Across Gaza



GAZA (News Desk): Several Palestinians were martyred and others injured early Tuesday as Israeli warplanes bombed multiple areas across the Gaza Strip. According to Palestinian medical sources, two people were killed and others injured in an Israeli strike targeting a residential apartment in western Gaza. Eight Palestinians were martyred and 11 others wounded in an airstrike on a house in the north of the Nuseirat refugee camp in central Gaza. In a separate attack, four citizens were killed and more injured when Israeli forces bombed a tent sheltering displaced persons in the Mina area of Mawasi, Khan Yunis. Israeli occupation forces also continued shelling eastern areas of Gaza City, particularly the Tuffah neighbourhood, causing further destruction and widespread panic. On Monday, 30 Palestinians were killed in Nuseirat refugee camp following strikes on several residential houses. Since the beginning of Israel’s aggression on 7th October 2023, at least 59,921 Palestinians—mostly children and women—have been killed and 145,233 injured, according to the latest figures. The actual death toll is believed to be higher, as many victims remain trapped under rubble or in areas unreachable by emergency responders.

Mobile Phone Imports Decreases 21.31% To \$1.494 Bn In FY 2025

ISLAMABAD (News Desk): The import of mobile phones into Pakistan witnessed a decrease of 21.31 percent during the fiscal year 2024-25 compared to the previous year, with imports totaling US \$1.494 billion during July–June 2024-25, down from US \$1.898 billion in the same period of 2023-24, according to the Pakistan Bureau of Statistics (PBS). On a year-to-year basis, mobile phone imports dipped sharply by 49.95 percent in June 2025 compared to June 2024, falling to \$139.425 million from \$278.574 million. However, on a month-to-month basis, June 2025 saw a 39.60 percent increase from May 2025, when imports stood at \$99.875 million. Meanwhile, the country’s overall exports increased by 4.67 percent in FY 2024-25, reaching \$32.106 billion compared to \$30.675 billion the previous year. Imports also rose by 6.57 percent, from \$54.779 billion in 2023-24 to \$58.380 billion in 2024-25.

SECP Unveils Road-map For Reducing Settlement Cycle To One Day

ISLAMABAD (News Desk): The Chairman of the Securities and Exchange Commission of Pakistan (SECP) has announced February 9, 2026, as the implementation date for the transition from the T+2 to the T+1 settlement cycle for securities traded at the Pakistan Stock Exchange (PSX). The announcement was made during a ceremony held in Karachi, which was attended by key market participants including PSX, NCCPL, CDC, PMEX, securities brokers, banks, and industry associations, according to a press release issued on Tuesday. This transition marks a major milestone while abiding by SECP’s broader agenda to protect investor interests through greater speed, transparency, and increased market efficiency.

Cola NEXT Sets New Sustainability Benchmark With Eco-friendly Bottle Design

KARACHI (News Desk): In a remarkable achievement for local innovation, Cola NEXT has surpassed multinational corporations by setting a new industry benchmark in sustainable packaging. Proudly Pakistani, Cola NEXT has unveiled an advanced, eco-friendly PET bottle design that reduces plastic usage by 8–10%



compared to conventional standards. At the heart of this breakthrough is the innovative 26/22 cap, replacing the older 1881 version. This new cap enhances the consumer experience through improved sealing for longer freshness while significantly reducing plastic consumption and boosting production efficiency. Cola NEXT’s packaging initiative directly addresses Pakistan’s pressing environmental concerns, including smog, marine debris, and pollution, allowing consumers to contribute to a cleaner, healthier environment. Highlights include a projected plastic reduction of up to 30%, unmatched durability for transport and shelf life, energy-efficient manufacturing through solar-powered facilities, and a firm commitment to environmental leadership. With sustainability at the core of its operations, Cola NEXT continues to pioneer eco-conscious innovation, shaping a greener future for Pakistan’s beverage industry.

Haris Rauf Surprised By Grand Welcome, Protocol In US

WASHINGTON (News Desk): Haris Rauf was pleasantly surprised by the grand welcome the Pakistan cricket team received upon their arrival in Miami, USA. The national fast bowler expressed his amazement at the warm reception as the team landed to begin their tour. Pakistan is in the United



States to play a three-match T20I and ODI series against the West Indies, and the enthusiastic support from fans has set a positive tone for the series.

Asia Cup 2025: Indian Media, Politicians Call For Boycott Over Pakistan’s Participation

MUMBAI (News Desk): The Indian media, former cricketers, and politicians continue to express outrage over the upcoming Asia Cup 2025, showing clear signs of frustration and discontent. Following the announcement of the tournament and a meeting led by Asian Cricket Council (ACC) President Mohsin Naqvi, criticism of the Indian cricket board has intensified. Calls to boycott the Asia Cup have grown louder within Indian political circles and media platforms, with mounting pressure on the Modi government. Indian media argue that the administration is unwilling to grant Pakistan a walkover, fearing it would hand them an automatic victory. Despite political tensions, they insist that India must not forfeit the match. Some media outlets have taken a hardline stance .