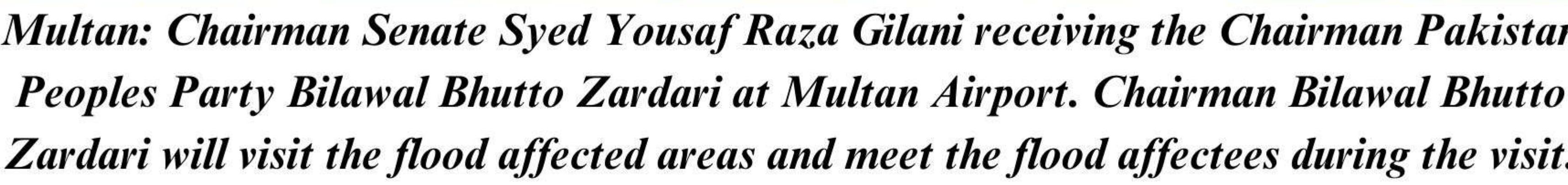


Across Pakistan

To support affected communities, NDMA has set up 2,326 relief and medical camps nationwide, including 694 medical camps treating 199,470 individuals and 1,632 relief camps providing shelter and essential services to 85,856 people, ensuring timely aid to those impacted by the disaster.

He added, "By the grace of Allah, the journey of national progress continues due to the hard work of the economic team. Increased investment in the country will lead to the establishment of industries, growth in exports, and the creation of more employment opportunities."



Sahiwal (News Desk) – Federal Minister for Poverty Alleviation and Social Safety, Syed Imran Ahmed Shah, visited flood relief camps in District Sahiwal to supervise the distribution of aid packages to 1,100 affected families by the Pakistan Poverty Alleviation Fund (PPAF) in collaboration with Chef International. A total of 500 packages were distributed in Dad Baloch, and 300 each in Chak Akbar Shah and Oranga Abad, with each package containing essential food and household items worth PKR 25,000. During the visit, the Minister interacted with flood victims at all three camps and assured them of continuous support until their complete rehabilitation, including provision of medical treatment facilities. He reaffirmed that the Government of Pakistan is fully

committed to the relief and rehabilitation of flood-affected communities, implementing special instructions from Prime Minister Muhammad Shehbaz Sharif to distribute aid across the province. Syed Imran Ahmed Shah emphasized that Pakistanis stand united with fellow citizens during this difficult time, while highlighting that Pakistan remains one of the most climate-vulnerable regions globally. He stressed that the federal government is taking long-term measures to address the adverse effects of climate change and assured that all government institutions are dedicated to providing care, dignity, and rehabilitation for the affected families.

Sialkot (News Desk) – A general parade was conducted at Police Lines Sialkot under the special directives of District Police Officer (DPO) Faisal Shahzad. According to officials, various police departments, including district police, traffic police, elite force, and ladies police, participated in the drill. The early morning parade was supervised by DSP Tariq Javed, who inspected and reviewed the turnout and discipline of the officers. This initiative aims to enhance professionalism, discipline, and operational readiness among the police force in Sialkot.



Islamabad (News Desk) – The Indus River System Authority (IRSA) released 271,400 cusecs of water from various rim stations, with an inflow of 312,800 cusecs. According to IRSA data, Tarbela Dam has reached its maximum conservation level of 1,550 feet, 148 feet above its dead level of 1,402 feet, with inflow and outflow recorded at 150,200 cusecs and 149,800 cusecs, respectively. At Mangla Dam on the River Jhelum, the water level stood at 1,232.05 feet, 182.05 feet higher than its dead level of 1,050 feet, with inflow of 50,000 cusecs and outflow of 9,000 cusecs. Water releases at major barrages were recorded as follows: Kalabagh 179,200 cusecs, Taunsa 217,400 cusecs, Guddu 380,900 cusecs, and Sukkur 311,700 cusecs. Additionally, 25,200 cusecs were released from River Kabul at Nowshera, and 84,900 cusecs from River Chenab at Marala.

Islamabad (News Desk) – Experts emphasized the importance of media awareness as Malnutrition Awareness Week begins, highlighting that up to 60–70% of Pakistan's population, including children, the elderly, and low-income families, are affected by malnutrition. CEO of Otsuka Pakistan Limited, Moin Ur Rehman, warned of the growing malnutrition crisis, urging early detection, prevention, and treatment while promoting open communication between patients and healthcare providers for better outcomes. Rehman described malnutrition as a hidden epidemic contributing to chronic diseases, developmental delays in children, and weakened immunity, stressing the need for collective action from healthcare providers, governments, NGOs, and the public. He called for increased public education, improved access to nutritious food, strengthened nutrition programs, and training for healthcare professionals, emphasizing that urgent steps are essential to reverse the crisis. "We cannot afford to wait any longer. The time to act is now, and through awareness, education, and urgent action, we can make a significant difference in the lives of millions," he concluded.

Mansehra (News Desk) – Police intercepted a truck carrying illegal timber near Bedrahi Interchange, Mansehra, foiling a major smuggling attempt and arresting three suspects, including the driver. Lari Adda Police Station officials tried to stop the vehicle, but the driver attempted to run over the officers, who narrowly escaped before chasing and apprehending the truck. Authorities recovered 34 chir pine logs from the vehicle. The arrested suspects were identified as Jamshed, son of Abdul Haq; Rashid, son of Maroof; and Sarfraz, son of Fazlur Rehman .